



EYFS Curriculum Letter – Autumn Term 1 – Marvellous Me - 2026

Personal, Social and Emotional Development

During our first term, we will focus on supporting children's familiarity with their new classrooms, friends, and adults. We will also focus on manners and our behaviour expectations, including making our class rules. We will be learning about what kindness looks like in school and how to share toys/ equipment. We will also begin our whole-school RSHE approach to learning; this is called jigsaw. Our first jigsaw topic is called 'Changing Me' and encourages children to recognise, understand and manage their feelings. It will also enable them to learn the importance of teamwork and what being responsible means.

Communication and Language

This term, our 'Marvellous Me' topic will provide lots of opportunities for children to develop their communication and language skills. We will encourage children to talk about themselves, their families, interests, feelings and things that make them special. Through stories, songs, rhymes and conversations, we will introduce new vocabulary and encourage children to listen carefully and respond to questions. Children will be supported to develop their confidence in speaking, sharing their ideas and joining in conversations with both adults and their friends. We will model new words and sentences, giving children plenty of time to listen, think and express themselves. At home, you can support this by chatting with your child about the day, sharing stories and encouraging them to tell you all about what makes them marvellous.

Physical Development

Our sessions this term will focus on listening and being able to follow instructions. We will be playing games such as the traffic light game, where children need to follow instructions to carry out the action EG hopping. Our focus skills for the term will encourage children to use large construction equipment to build, to paint using large body movements and to use their gross motor skills to climb and balance. Our fine motor activities will support children's hand and finger mobility as well as boost their hand and eye coordination through activities such as Play-Doh moulding and using tweezers to pick up objects.

Expressive Arts and Design

The children will be encouraged to join in with singing rhymes and vocal games as well as moving their bodies to the beat. We will be introducing musical instruments and talking about how music makes us feel. In art, we will be using our hands and feet to explore different mediums such as paint and clay and talk about how the textures feel. We will be using mirrors to help sketch self-portraits and explore a variety of different materials.

Literacy

This term, children will be taught the names of the read, write, inc. pictures before they are introduced to the letter sounds, e.g., m, m, m, mountain. We will also start our drawing club, where we will look at books such as Peace at Last, Colour Monsters and Goldilocks and the Three Bears. We will also start learning a new poem each week. Look out for our class performances on Tapestry.

Mathematics

In mathematics, we will be matching, sorting and comparing everyday objects. We will be talking about familiar numbers as well as spotting numerals within our environment. We will be singing number rhymes and songs such as 5 Little Speckled Frogs. Our daily rota will be introduced to support children's understanding of time and what will happen next in our daily timetable. The concept of size and capacity will be introduced alongside naming 2D shapes.

Understanding the World

This term, we will be looking at children and their families and 'What makes me, me?' We will be making fruit salad and pizza as well as eating porridge, yummy! Children will also be able to touch, smell and look at sensory-rich objects such as gloop and natural resources. Our class routines will gradually become more established, and behavioural expectations will be set. Our class rules will be created.